



المدرسة الهندية - دارسيت INDIAN SCHOOL DARSAIT

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CIRCULAR (KG I to XII)

Dear Parents,

TAKE OWNERSHIP - PROVIDE QUALITY FAMILY TIME

The change from Joint Family to Nuclear Family or Scooter Family as it is known today has created a greater impact on the social life as well as family life. This has impacted children the most. The major disadvantage is the lack of attention from parents or kith and kin, giving rise to the crucial issue of detachment from the social life which narrows down to self-life.

This is a great threat to the modern society which can drive the youngsters to odd behaviour and highly emotional state. But the fact is that it can be easily addressed by families, if parents and kids plan to devote quality family time. But no one is actually bothered about this and every one tends to find excuses instead of finding time which is the simplest solution to this problem.

All social beings are, by nature, empathetic towards social issues. They talk about them just for a day or two and then they forget about it. This is a dangerous trend and it must be prioritized and addressed urgently. Let's build a culture and ensure to spare a few minutes every day for the family and for ourselves. Every member of the family should own up their role in creating family time and practise it as a way of life.

This simple inexpensive and practical approach will help the family stay stronger and bonded. Let's keep social media, phones, TV serials etc., away during the family time and make efforts in understanding each other for better and healthier relationships. Avoid comparison, overburdening and pressure tactics on your spouse and kids and make a deliberate attempt to create an atmosphere of love, affection, care, fun and belongingness. We must learn to appreciate each other and avoid finding faults. Instead of saying 'No' to everything let's learn the positive ways of dealing with situations. It may take a little longer to get set but we must try and bring this change in our families at the earliest.

Time once lost cannot be regained. So let's try to make memories. Children long for a humane touch or a listening ear which, unfortunately, we have forgotten to extend to them due to our busy schedule. We have to create an atmosphere at home where problems are shared and solved within the four walls of our homes. Instead of gifting your children gadgets remember to gift them your time which is more precious than the most expensive gift that you can ever afford to buy for them. Children will grow up and go away, only sweet memories will remain with you and this you would cherish and carry along. So let's promise ourselves to give our loved ones our time – Family Time.

Thanks & Regards,


Alexander Gee Varghese
Acting Principal

