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Chairman's Message



Dr. Baby Sam Saamuel Chairman, Board of Directors Indian Schools in Oman



Dear All,

India is a land of diversity. Like our motherland, the Indian Schools in Oman too is a beautiful mixture of cultures, languages and ideas. As children grow, especially in cities with limited interpersonal interaction, they need outlets for mental stimulation and creativity to learn and develop critical skills such as social learning.

As the Board of Directors of Indian Schools in Oman, we strive to ensure that our children receive every opportunity possible to develop, enhance & showcase their skills. Our ultimate vision and aim, captured by Vision 2020, is to ensure that every child from our schools will undergo transformative learning and be equipped with the knowledge, skills and well-being to find their identity and purpose in life.

It is thus in this light that we are launching annual E-magazines in various languages like English, Hindi, Malayalam, French, Sanskrit and Arabic to promote a love for the written word among our children.

As social animals, communication is at the heart of human experience. While other animals too signal and convey messages in some form or the other, what differentiates the human species is our ability to respond rather than react to immediate stimuli. Our ability to think & express our abstract thoughts. Our creativity is continually improving our languages. For humans, language is a cultural phenomenon that is more than just innate biology. We hope this e-magazine

- enlightens and educates

- inspires you to express your thoughts &
- sparks a love for the language

It is thus with great pleasure that we welcome you, dear reader to the first edition of the Indian School e-magazines - a collection of stories, poems & articles written by our children & curated and edited by our school resources.

Here's the first edition, dedicated to all the amazing people who have made this magazine a reality.

So, read on, ponder and participate.

With Love.

Educational Advisor's Message



Mr. M.P. Vinoba Education Advisor Indian Schools in Oman



The Language magazine is yet another new initiative of the Board of Directors of Indian Schools in Oman. This novel idea of having magazines in different languages aims to encourage creative writing among the student community in the language of their interest. Through creative writing children can express their innovative ideas, emotions, thoughts etc. It helps not only in enhancing their imaginations and writing skill but also provide a platform for expressing emotions, especially for those who are hesitant to do it otherwise.

On behalf of the Board of Directors, I would like to place on record our sincere thanks to all language teachers for their invaluable support in making this dream a reality.

Our appreciation to all the young writers, who have contributed their writings to this magazine and we wish them best to become well-known writers of tomorrow.

As it is said, every long journey begins with a single step; I hope this initiative will create a lot of creative writers in days to come.

Happy reading.

From the Editor's Desk



Mrs. Susan V D'souza Chief Editor



Mrs. Geethu Elizabeth Associate Editor

"A school is a building surrounded by four walls with the future inside." A school plays a great role in changing the society and its people in the sphere of academics, social, mental, moral and physical development.

We at Indian Schools in Oman try our best to let our students, who are away from their hometown, get a glimpse of the culture and unity in diversity that prevails in our motherland, India. We strive hard to inculcate strong values combined with academics and extra- curricular activities in the students.

'EXPRESSIONS' is the first English E-Magazine to have come up in the history of Indian schools in Oman. The aim of this E-Magazine is to encourage our students to develop their writing skills and encourage their enthusiasm in writing articles, poetries, stories, etc. Through this E-Magazine we wish to provide a platform to our young minds to publish their work. We also would like to motivate the other students to believe in themselves and learn to express their thoughts in words.

I would sincerely like to thank the Board of Directors, Chairman, Dr. Baby Sam Saamuel and directors for giving our students a platform to display their work. I would also like to thank the Principals of all Indian schools for cooperating and supporting us in the best way possible.

It is rightly said, "A flower makes no garland." Thus, this magazine is not the outcome of the effort put in by an individual, but the immense effort put forward by Dr. Alex Joseph, who has meticulously supported and guided us, Mrs. Leena Francis, Principal of Indian School Al Seeb, who has provided her constant support and guidance, Mrs. Shiney Roy, Vice- Principal of Indian School Al Seeb, who has given her prudent advice from time to time and Mrs. Geethu Elizabeth, the architect of creativity, who prepared the layout of the magazine. The teachers of all Indian Schools who have collected and screened the articles by our budding writers and forwarded it, also deserve a special mention. Last but not the least, our budding writers, who have contributed their articles to this issue are to be applauded for their creativity.

Let me now present to you our first English E- Magazine, **Expressions**. As you browse through these pages, witness how the student's thoughts, attitudes and aspirations vastly differ from those of adults. These young budding flowers with their well embedded roots and spreading petals are the promise of tomorrow.



EXPRESSIONS -English E-Magazine



Safwa Mohammed Grade VI Indian School Al Seeb

GHOST OF REBECCA RORDAN

-English E-Magazine

DONE BY: SAFWA MOHAMMED, GRADE VI, INDIAN SCHOOL AL SEEB

"Legend says that this was a castle before. It belonged to an old lady named Rebecca Rordan. She was a very kind lady. But once, she was found dead in her room. It is said people who don't believe in her die." said Maggie, my babysitter. The next day as soon as I returned from school, I rushed to Maggie. I wanted to know more about the history of the castle and Rebbeca Rordan. "She was a person who was always busy dealing with her problems. She was a girl who had no one to talk to, share her joy and sorrow. She had no friend. Her father then married again so that Rebecca could communicate and socialize with others. Her stepmother had two children from her previous marriage.", "Feels like Cinderella", I said. "Yeah! She is famous and well known. But people fear her now. They say she has turned evil because of all that stress." She continued. "You believe in all that?" I asked. "No! But people have been found dead near the castle." I heard the honk of a car. My parents had returned, the very thought relieved me from the horror of the castle. "How are you doing?" asked my dad. "I'm fine." I replied. "Madam, I'm leaving" Maggie said to my mom. "Maggie it's midnight!" I said. "Oh, come on. It's okay. I don't believe in ghosts!" she said smiling and walked into

the streets. Next day, I stared at the newspaper. I was shocked.



Yesterday she was with me. "It's so sad" my dad said, "How could she have died?" But I knew how she died. Our house was surrounded by the police and I still couldn't tell them how she died. They just wouldn't believe.

OTHER ARTICLES

SOCIAL APATHY - PLAGUING THE YOUTH

Article describing the indifferent attitude of youngsters towards the society

Page 4



The Glass Window

Poetry highlighting the thirst for humanity in the current world

The Girl in the Broken Shell

Ouddled into a ball..... Ohinking this is all... Cears gushing out.... SCeart aching hard.... Don't want to lose.... Oriticising myself the most.... Glood for nothing.... Scopeless and taunting...

I just longed for someone to hold my hand and pull me out from that drowning mist. Someone to say to me, "I will let you share your darkest truth yet love you the most". Someone to peek through my eyes and traverse the path to my heart where, in the blinding darkness, was a girl, all bound up in heavy chains that dangled behind her as far as the sky could unwrap. She bitterly wept, furiously yelled and acted like a maniac. She needed aid but her chilling screams drowned out before they reached an ear. That was me. The fear of losing was shaking up my senses. My outside seemed washed of all emotions but inside a terrible flood dwelled that sometimes made its way through the crevices of my eyes and ran down my cheeks.

I looked at the sky with the futile hope of someone holding me tight. Yet no one seemed

to know what I was enduring. The sun's rays heated up my cheeks and I felt as though the nature could somewhat understand me. But its dumbness ignited my frustration to such an extent that I wanted to scream, 'Why can't you understand me?" It was like being buried alive in a coffin amidst other corpses and fearing that you will end up like them. It was like being locked up in a soundproof cell.

But I did not want to share with "them". I knew they would understand and immediately pull me out of this quicksand but I was afraid. Afraid that I would pull them down. My mind seemed blocked. Heart ached a lot. But lips remained motionless. I tried to console myself. I tried to gulp the bitter truth that this was it.

"Now you are all alone. Abandoned in this vast stretch of scarce land." The sky was empty, so was the land. If I wanted I could wait more, for someone to cross this vastness to heal my wounds. But the hope and patience that fuelled me till now was all gone. I am not a failure. I will not let myself be one. These arms have to break the chains. I have to be my own trunk. These feet have to tread this vastness. These eyes have to be the compass. I have to be my own captain and crew. No more waiting for a rescue ship. I have to find the lighthouse all by myself. I have to lay the bricks on my own. I have to carve out my own path. I have to succeed. Failure is not meant for me. I am not destined for it.

And one fine day, the fragrance of sand

stimulated my instincts. I made it. I had done it, all by myself. And there it stood, majestic, divine, and curious with a serene smile on its face. The curves of the brine dashed the edged rocks, as if they announced my arrival and return to my shell, healed and repaired. And suddenly it was all clear as a crystal. All the pages turned one after the other and nothing needed to be explained. I was my own quide. All this time, the never ending search, the intense yearning, the ardent desire for someone to tend to my unspeakable agony that fluttered restlessly like the blue wings in the vacuum within the bell jar, was for none other than me. I had looked to and fro, near and far and all around. I had looked at a distance but remained oblivious to the coolness that gushed between my toes, that encased my binoculars, my compass, my pole star- me, myself. My wounds were meant to be healed by me. I was my own guide. And now I just flip my log for others.



By Eshat Jahan Nur Jhui, Indian School Ibri



DID YOU KNOW? A camel's hump lets it store upto 80 pounds of fat, with which it can survive for weeks.

The Right Place

By Joshua George, Grade VII, Indian School Al Mabela

A mother and a baby camel were lying under a tree.

The baby camel asked, "Why do camels have humps?"

The mother camel considered this and said, "We are desert animals so we have the humps to store water so we can survive with very little water."

The baby camel thought for a moment then said, "Ok...why are our legs long and our feet rounded?"

The mama replied, "They are meant for walking in the desert."

The baby paused and after sometime asked, "Why are our eyelashes long? Sometimes they get in my way."



The mama responded, "Those long thick eyelashes protect your eyes from the desert sand when it blows in the wind.

The baby thought and thought. Then he said, "I see. So the hump is to store water when we are in the desert, the legs are for walking through the desert and these eyelashes protect my eyes in the desert. Then why are we in the zoo?"

<u>The Lesson</u>: Skills and abilities are only useful in the right place at the right time. Otherwise, they are a waste.

COMING UP



LAUGHING GAS

Collection of jokes by Shaik Muhammed Touseef, Indian School Ibri



Mother Poem on Mother's love

COMING UP

ARTICLE BY ARIN IDHANT

Memories

Last Forever

ARTICLE BY NEERAJA RAJU

ADVERSITY

Brings out the best in a man

POEM BY BYAYRA FAHAD

BETTER LATE THAN NEVER

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"Speech is Silver, Silence is Golden"

My Best Friend and My Worst Enemy

By Merwin Chris D'Souza Grade III Indian School Al Buraimi

We all may have one friend or another, who can be considered a best friend and the best friend always helps us to do good things, right things.

So, there is a part of our body, a sense organ, which can be called our best friend and that best friend is OUR TONGUE.

So, let us see, how this 'best friend' helps us to do the right things.

- 1. The tongue helps us to greet our elders, our teachers and others.
- 2. The tongue helps us to say kind words to others, crack jokes and make others happy.
- 3. The tongue helps us to say our prayers. It helps us to pray for ourselves and for others.
- The tongue helps us to apologize whenever we feel that we have hurt others.

And, just like a best friend, there is a sense organ, which can be our worst enemy, and that is our tongue, again!

Because,

- There are times; the tongue is used to say words that are unkind, thus hurting others, especially those near and dear to us, like parents, teachers, our colleagues etc.
- 2. There are times; the tongue is used to show our anger or frustration.
- There are times, the words that come out of our tongue discourage others.

4. The tongue is used to say lies, to misguide others.

How to keep my best friend always with me, and the worst enemy away from me? One of the best ways is to always be positive. When we think good things or about good things, naturally, only good words come through our tongue.



Ask for forgiveness for any unkind word or attitude. Learn to speak words that will encourage, comfort, inspire, and educate others. If we do all the above...the tongue will remain our BEST FRIEND ... and in return, we will have many more friends.

SOCIAL APATHY - PLAGUING THE YOUTH

We, now live in an era where most of us are hooked on to those tiny virtual worlds that we create through social media, spending hours at a stretch gazing on to those illuminated screens. In this process, social responsibility has been reduced to hitting the like button for posts concerning viral social issues. Almost 1.8 billion of the world's population comprises of smart and vibrant youth, the highest proportion of the same that the history of humankind has seen. But, the proportion of humanitarian issues is notching up the scales without even a hint of depreciation. benefits and success without a bit of consideration to lend a helping hand for another fellow human being in distress. This is the attitude that should be changed, so that faith in humanity can be restored. Violating traffic rules, littering, wasting public resources, etc. should be eliminated and this will be a remarkable exhibition of social responsibility. The above issues may sound trivial, but it's from these 'harmless' issues that the attitude for causing bigger trouble or receding into background at the time of an issue, occurs.



By Elsa Mariam Eldhose Grade XI Indian School Salalah

The youth is busy paving paths for their own

I was always a huge fan of ancient Greek, Egyptian and Roman mythologies. But the Egyptian mythologies had a special place in my heart. This love was shared among my friends Luka and Brooke as well. Our knowledge came only from books. Luka had even learned the language of ancient

<u>The Key of</u> Life

structures were built without modern day tools, is unimaginable.

After a few minutes of amazement and gazing, I challenged Luka and Brooke to a race to the top of the pyramid. As usual Brooke got a head start as she was the slowest. After 20 min of an exhausting climb, "These mummies must be the pharaoh's royal guards". We couldn't wait to have a first look at a mummy which might be 6000 years old. When we opened the coffin the pharaoh was holding in his hand a golden ornament which resembled a key. I grabbed the key to have a closer look at the writing, but as soon as I took hold of the key, the mummies started arising. We did not waste a

moment and started running towards the

Egyptians out of interest. We never actually got a chance to witness what we have been learning for years. But this week, we decided to go to Egypt to see as much as possible.

We landed at Cairo's International airport on 24th October. Our excitement was indescribable. As soon as we kept our luggage in the hotel, we boarded the nearest taxi to the pyramids. The three of us were peeping out of the windows trying to spot the pyramids first. It didn't take long until Brooke started pointing. "The Pyramids. Look!!"

The basic thought of how these humongous



we reached the top. What caught our attention was that the tip stone had a compass which did not point to the North. We knew for sure that this was no ordinary compass .We decided to follow it for as long as it takes.

The compass did not point in a fixed direction all the time it pointed in different directions. As we moved further, at one point the compass started rotating with high speed. We started digging. At around 1 meter depth, there appeared a gateway. Once we opened it, black sand out of nowhere started shaping in ancient letters which Luka translated as "Leave all hope yee who enter". Brooke said that this must be a way to scare thieves from stealing the enormous wealth which may be lying inside. After a long argument we decided to enter. As we took the first step inside, a long path lit up. At the end of the path there was a large room, on the right side of the room lay a large number of mummies and on the other side lay mountains of gold and jewelry. These were arranged around a golden coffin which I presumed belonged to a pharaoh. I said

gateway.

But as we ran the guards caught hold of Brooke who was a slow runner. I had nothing in my hand other than the key from the pharaoh's coffin .I threw it with all my might. As soon as it touched one of the guards, all the guards changed to dust. Later on we understood that this key was the key of life and no dead can get hold of it but only the ones who are alive.

By Manwil Bahaa Zaki Grade XI Indian School Ibri

Memories Last Forever



By Arin Idhant, Grade IX, Indian School Al Seeb

The night sky was clear of stars or so it appeared due to the dark melancholic clouds. It gave one the delusion that the clouds had swallowed the stars. There was a steady downpour, I stood underneath a shed and beside me was my good friend, my companion in mischief - Arshiyan. I had spent the entire evening with him... It was brilliant. Catching up with old times, visiting my once humble abode and meeting all my friends there, was all extremely splendid. And soon it was time for me to go home... Uncle would be there any moment.

Time had just gone by so quickly... I could not help but feel blue, for I would not see Arshiyan again for who knows how long. I could no longer resist my emotions and I burst up in tears. Seeing me cry Arshiyan (as though naturally), moved forward and gave me a warm and comforting hug.

Then it happened...



Our feet were no longer on the

ground...Were we flying? Arshiyan held my hand tightly as we started to zoom through the sky. The city grew smaller as we darted through the dark clouds and into the starry utopia beyond. We were overjoyed as we flew closer to the stars and farther away from reality itself. In this absolutely magical and enchanting moment our eyes met and I saw the same face that had accompanied me in countless mischiefs. Seeing him smile in that wild manner brought back countless memories and I was engulfed by nostalgia. The memories were so fresh it felt like experiencing them for the first time.

Years later, I still think of this incident. I learned a valuable lesson that day. Memories stay with you for all of eternity; they accompany you through life and through death. *Memories last forever*...

Doubt Drowns You

A teacher had a student, who lived in a hermitage. One day, the disciple was going somewhere. He hadn't gone too far when suddenly it started raining cats and dogs. He returned and reported the matter. He told the problem to his teacher. The teacher said, "You should have faith in God. He will save you from all problems." The disciple obeyed and resumed his journey. He kept reciting the name of God and cleared all the hurdles. The next day, the teacher had to go on the same route. When she reached a deep drain, she doubted whether God would save her or not. The teacher got drowned.

Thus, doubt drowns and faith saves you.



By Sumeet Shanbhag, Grade VII, Indian School Al Maabela

Better Now



By Anurag, Grade XI, Indian School Al Seeb

Life isn't a thing to be experienced inside the four walls of a room but to be lived to its extreme level. I felt stress pouring down on me at certain times. In such a situation I decided to head for the garden near my house. I got to a bus at sharp 6 in the morning and I happened to meet some good old people in there, who made my day. In a while, I reached my destination.

When I took the first step into the garden, a sudden cool and soothing breeze touched my body, it seemed to be rendering me with a lively welcome through the carpet of red roses. As I walked ahead I saw huge pine trees dancing with the rhythmic waves of cool breeze.

Just then my mind struck about photosynthesis. I felt as if they were having a party because the roots were providing water as a drink for the entire plant and all of them were preparing food for their lunch. That pleasing moment of a sapling rising from the soil was unforgettable. There was a similar yet bigger sized plant beside the sapling just like our very own dear moms waiting for us to be born. I walked further ahead. In the blink of an eye, it started drizzling silently, I felt as if nature was showering its blessings on me. Over there on one of the branches rested a handsome white peacock. It was the drawing card for the visitors. In a while, I had decided to pull back from the beautiful sceneries as I had an exam the next day. On the way back to the bus, I fed the little pigeons with some groundnuts. I reached home in a few minutes. Wow! That had been a wonderful experience for me I felt positive and what more! I was flooded with joy.

<u>Books Are Our</u> Best Friends

It is sure that books are our best friends. They are our



never failing and truthful companions.

Mahatma Gandhi says,

"When I am in distress, I go to the lap of mother Gita to get solace."

By mother Gita, he means Bhagavad Gita- the book of truth. All the great books of the world have been useful to us. They have done us good in the form of changing our attitude towards life. They have cheered us. They have helped us. A lot of books are now available. Many are meant for serious reading. They are read for success in life. Some are read for recreation and entertainment. They are there to give a word of advice, a word of hope. So friends, read as many books as you can.



By Yahya Jamal, Grade VIII, Indian School Al Maabela

Importance of Discipline In Students Life

^{By}Shaima Shaji Khan, Grade XI Indian School Al Seeb

It's a well-known fact, that nowadays indiscipline in schools and colleges are more in numbers than it was before. These cases are at its peak in this modern age and it has been a great issue in schools and colleges. Why are the cases of indiscipline being frequent these days? Is it because of lack of responsibility of schools and colleges? But the actual fact is that the lack of responsibility of educational institutions also play an important role in the rising number of unruliness in schools and colleges. In fact, this is not the only cause, lack of care and support from family is also a major reason behind such cases.

In order to reduce the number of such cases in educational institutions, discipline has to be there in each and every individual and for this , certain rules and regulations or norms have to be implemented in all schools and colleges so that discipline is maintained by all the students . Discipline is very important in our life as it is the only thing that leads our life to a good path and gives us more achievements in our life. Without discipline life is nothing and is a big zero. So we need to ensure more disciplinary laws in schools and colleges and effective actions should be taken against students who are disobedient. Not only in educational institutions, discipline should be taught at home too, as home is the first foundation of a child. Instead of phones, give them books to read. Too much use of phone also leads to indiscipline as students get attracted to the games and other mass media and even get influenced by it. Let the students be the disciplined ones as they are our future generation.

To maintain discipline in life one has to understand his or her sense of duty and obedience to his or her work in life. There should be an order for everything in our life, so that discipline gets maintained in our life. Proper counseling and guidance by parents and teachers has to be given to the students and they have to make them aware of their duties so that the students are able to have a stress free life and it will also help them to come out of their confusions in life regarding their studies, choosing a friend or a partner in life, selection of job, etc... The correct mode of reward or punishment by parents and teachers for the act done by the students will also help in the maintenance of discipline in their life. To maintain goals in our life it is very important to stay disciplined. It helps the students to stay motivated. By staying motivated students can achieve all the impossible things and walk towards their goal. Discipline is essential for the students to complete all their assignments. So, maintaining discipline in a student's life is the main step towards having a bright future in his / her life. Therefore, discipline needs to be maintained in our life right from the beginning to the end of our life to have a successful life.

<u> Patience - The Best</u> <u>Medicine</u>

^{By} Riya Mary Vaghese, Grade IX Indian School Muladha

"Patience is the best remedy for every trouble"- Plautus

Patience is the capability of accepting delay with equanimity – that is, to be persevering or diligent. The ability to wait for something without getting upset is a valuable quality for our health and happiness. To keep our relationships healthy,

meaningful and inspiring, patience is most essential.

Patience is the key that connects our efforts to success. Patient people are ready to wait for the appropriate time to achieve their goal. One of the most important elements in the learning and teaching process is patience. To master any art or enhance our talent, we need to make continuous efforts with patience. Health professionals also agree that patience is required to give the best care to their patients.

Being patient helps us to understand and view things through different perspectives. One of the greatest examples of success through patience is Dr. Martin Luther King Jr. As a result of his patience, he could change the views and beliefs of an entire nation. The power of patience helps to empower life. Thus, developing a good deal of patience helps to lead a satisfying life. A man who masters patience, masters everything else.

COMING UP

POETRY HIGHLIGHTING THE ILL EFFECTS OF MOBILE PHONE ADDICTION

CONNECT

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COMING UP

POETRY ON PEACE

A PLEA FOR PEACE PAGE 25

"Learn the art of Patience. Apply discipline to your thoughts when they become anxious over the outcome of a goal. Impatience breeds anxiety, fear, discouragement and failure. Patience creates confidence, decisiveness, and a rational outlook, which eventually leads to success." Brian Adams

BE PROACTIVE, NOT REACTIVE

All of us encounter experiences in life when we may be overwhelmed by a negative emotion. In these situations, how we master the moment can make the difference between proactive and reactive; success and failure. Being proactive signifies taking control over your life and working to achieve your goals. It means that rather than merely reacting to events as they happen, you consciously engineer your own events. Instead of worrying about conditions over which they have little control, proactive people focus on things which they can control.

However, most people think reactively, as is the natural human tendency. Their lives are largely out of their direct control and they exert their human endowments only when necessary. But when things are pretty good, their lives are mostly on autopilot. Nonetheless, do you think anything that happens "out there" will determine how successful you'll be in your endeavours? Not if you're proactive. If you feel discouraged, distract yourself with constructive activities and bounce back from failures and setbacks. Thus, in order to lead a successful life, you must be a creator of circumstances, rather than just a creature of circumstances. So, what are you waiting for? Start swimming against the currents!

By Anshitha Ficel, Grade IX Indian School Sohar

"Adversity is the diamond dust, heaven polishes its jewels with."

The history of the world is the story of the survival of the fittest, of those who fought against adverse circumstances and achieved great victories. The people who faced adversities bravely eventually won, and became an inspiration for the generations to follow. Since the dawn of time, it **'We will overcome."** These words kept cropping up everywhere when Kerala was struck by havoc and devastation due to flood. Much before the NDRF, the Army, the Navy and the Coast Guard were deployed in Kerala's sinking villages and towns, the locals, realizing the ferociousness of the floodwaters, bonded together to help save people's lives. They turned out to be superheroes, evacuating people from inaccessible areas and through turbulent waters. Together, the people who probably didn't even know each men who suffered from adversity. Surdas, Milton and Homer were blind poets but they wrote immortal verses. Shakespeare is an immortal writer because he gave us his tragedies.

Adversity saves us from false notions; it is an eyeopener. It relieves us of our idle dreams and idealistic fancies. It takes us nearer to God. Shakespeare is right when he says, "Sweet are the uses of adversity." It is well said that prosperity multiplies friends and adversity tries them and is a touchstone to judge true friendship.

> Adversity is one of the best teachers since it helps us to know how to grip our moods as well as balance ourselves in practical lives achieving steadiness and strength without getting additional burden. Adversity teaches us more about life, compared to prosperity. Parents should allow their children to face a certain amount of struggle in life as it will make them stronger.

Adversity Brings Out the Best in a Man

was adversity coupled with necessity, which gave rise to inventions. From fire to antibiotics, it was man's intrinsic quality of rising to the challenge, which made humanity the top inheritor of the earth.



There are personalities who have left an impact working against all odds. APJ Abdul Kalam, Sania Mirza, Kalpana Chawla are some of them. These people have been renowned in their respective fields through sheer optimism, hard work and an urge to fulfil their ambitions. other's names, stuck their necks out for each other, showing remarkable courage in the face of adversity. A bridge of peace and communal harmony was built.

Adversities teach us many valuable lessons of life. They train and develop the natural instinct of a man just as herbs give out their sweet fragrance when they are crushed.

Adversity is a boon to the artist. It stimulates his artistic qualities. Great tragedies were produced by

^{By} Neeraja Raju Grade XI Indian School Muladha

PLACES TO VISIT IN OMAN



SALALAH Where nature unfolds its beauty



Musandam Fjords

PLACES TO VISIT IN OMAN

Ras Al Jinz

A turtle reserve that helps to populate and protect the sea turtles of Indian Ocean

Wahiba Sands

True, authentic and traditional Oman

Jebel Akhdar

CONTAINS THE HIGHEST POINT IN THE ENTIRE COUNTRY OF OMAN



Beauty Has an Address ~ Oman

By Alan Saji Grade VIII Indian School Al Ghubra

Oman is one of the best places to visit in the Middle East. The tourism of Oman has fascinated people from all over the world with its culture and tradition.

An adventurous ride through the graceful wavy sand dunes inhabited by the Bedouins would be an exhilarating journey. A must visit destination in Oman the is mountains. Jebel Akhdar. It is located 150km away from the city and is 2200m above sea level. It has a pleasant climate throughout the year. The look from the top will surely get you goose bumps.

The capital of the Sultanate of Oman is the wonderful city of Muscat. Muscat is gifted with beautiful parks and beaches. The tourists coming to Oman can relax in these lovely areas. The capital is home to the massive, contemporary Sultan Qaboos Grand Mosque, and the old waterfront Muttrah region with a labyrinthine souk and busy fish market. A walk along the corniche, breathing the fresh air and watching the sea will surely remain in everyone's heart.

Another suggestion would be Sur, about 200 km away from the magical city. Sur is another city at the outskirts of Oman. The speciality of Sur is the giant sea turtles that come from the Arabian Gulf to lay eggs in the shores of Ras al Jinz (Sur). The turtles can be seen only early in the mornings or late at nights.

Salalah is the capital city of southern Oman's

During the Khareef season, annual monsoon,

an

transforms the desert into a lush, green landscape. The main highlight of Salalah is the mind blowing blowholes. They are located a few steps away from the Marneef Cave. The blowholes are also known as Mughsayl Blowholes, named after the nearby beach of Mughsayl in Salalah.

Tourists visiting any place will surely experience something unique. In Oman it is the Anti-Gravity spot in Salalah. It is a point where your car goes up a hill without any acceleration. The car goes up the hill on neutral gear.

These are few ideas for you to visit Oman, there is much more to know, as well as visit in Oman. The eternal beauty of Oman awaits you.

13

Dhofar province. It is a special city. Even though it is a desert it is a bit different.

ALONG WITH NATURE



TRAVELOGUE

By Pushpasree Grade VII Indian School Al Maabela



It was a long weekend. I woke up late in the morning when the sun was all high up in the sky and the birds were done with their morning chirping and singing.

I heard my parents discussing about the weekend plans. My parents and I have been planning for a Sunset cruise trip for long. Probably the day has dawned for it. Instantly, I felt that though I had missed my sunrise, the sunset would be captured in my camera.

We drove down from Seeb towards Marina Bandar Al- Rowda at 3 p.m. It was quite a hot and sunny afternoon, the sun was still blazing at us. The roads were covered with mirages but still we could enjoy a lovely breeze. Being a holiday afternoon, the city was relatively calm with less traffic at that time.

As we drove leaving behind the tall buildings, lush green gardens, some deserted land, the mountainous roads and the palms bearing tasty dates. I wondered how the sea would be with just waves by its sides. We reached Marina Bandar. We were greeted by the travel guide.

Lots of small semicovered boats were tied to its berths. We got to know from the guide that "berth" is the term used for where the vessel may be moored.

The small cruise boat could comfortably accommodate 20 passengers along with the Helmsman. We were seated in a lovely white cruise boat and began our two hour Muscat Sunset Cruise.

I could see so many beautiful cruise boats around. There was one that caught my attention, a handcrafted wooden sailing vessel which had been used for centuries around the Arabian Peninsula.

Just like medieval traders once drifted along Oman's rugged coastline, we headed northwards past the Hajar mountains to the secluded bay and picturesque hamlets.

Gliding past the Muscat Yacht club, and fishing boats of Sidab to cemetery bay and the old Muscat Harbour where cliff paintings depict ships that have docked there through ages. We could catch a glimpse of Jalali and Mirani, 16th century fort, the tower above Al Alam palace.

From Muttrah harbour, we could view the white washed edifies of Muttrah Corniche.

Sailed by the exclusive Ritz- Carlton Hotel of Al Bustan Palace, tucked against the mountain fringed bay – A sight to see!

Last was a perfect ending to the cruise tour with a lovely sunset reflecting the fiery glow on the water. A refreshing beginning and a new travel experience being close to nature, around the waters, surrounded by nature.

An unknown happiness and peace surrounded us, like the lovely sea breeze that we joy as we sail past the Oman's rugged coast. People generally jump to the conclusion that being a single child is a slice of heaven. But the part no one tells you about is that the abrupt silence when your



parents aren't home and the

melancholic loneliness that is deafening. When I was 7, I remember closing my eyes as hard as I could in front of my pink princess shaped cake and wishing that I could have a little sister. Turns out wishes don't really work in the real world. Picture this, the sun is just streaming in and the morning air is wafting into your room like the scent of freshly baked pancakes.

You slowly rise out of your incessant coziness and lazily lift your head up to look at the clock on the wall, it's just 9 am. BAMMMMMM, sissy open the door "My Barbie doll is in there!" and there goes your calm. In my case, I don't get such an aggravating wake up call.

My parents always told me that I'd never have any competition and that I'd never have to be stuck on the bitter road to becoming 'the star child' which was quite true. The fact that I'd be way more independent than most people or that I'd get my parents' undivided attention all the time is something worth having pride for. But all its perquisites were hidden by one nitty-gritty light, I was alone. The funny aspect of human nature is that people never realize how much they have because they're stuck in the spiral of counting what they don't have. This strident reality often puts us in a sort of binding black light and when we finally realize that the grass was always greener in our story, it's too late.



By Zareena A Mather Indian School Al Ghubra

LaughingGas

- Why don't polar bears live in South Pole?
 Because they live in the North Pole.
- Have you heard of the guy whose entire left side is paralyzed? He's alright now.
- Black and white pictures find coloured pictures quite HUEmurous.
- What did the zero say to the eight?
 Nice belt.
- An employee at a glue factory made a mistake, causing the factory to explode.



By Shaik Mohammed Touseef Indian School Ibri

The employee was stuck in a sticky situation.



The Writerly Constitution

We, the writers

Twirls of paradoxical avalanches, holding The uncapturable hostage Worlds of weathered faces with rich smiles,

Smiles dripping gold flecks of imprisoned sunshine.

Laughter saturated with hurt, chuckles void of light Belief still wedged into

corners of peppery skepticism.

Of powder yellow and fresh red dusks delaying

The victory of stars.

Looking, crumbling, extending

Silent moments that last for a heartbeat but remain for a lifetime.

Restrained tears, heralded responses;

Picking up traces of tense movements, wearisome minutes.

Dainty eclipses teeming with irksome centuries bearing down powerfully.

Unintentional transparency, barricaded feelings, forced out ice.

Giving away shape, form, smell, feel, breath,

To figures in the clouds.

Faces in dreams.

Angels in the dark.

Whimpers gone unknown, meanings in muggy quietness.

Embraces that spoke libraries.

We, the immortalizers

Responsible for seconds that live on,

Wishes come true, dreams that never die;

Finding reward in big little things,

puddles of warmth, peals of joy.

Even with intimate foreigners, clumsy moments.

In roadside winters, marooned eves of celebration.

We make life cascade in uneasy hours.

Hope get through corroded walls.

Hope bloom in eroded hearts.



By Sahana M Grade X Indian School Salalah



Mountain

Mighty strength upholding within and

Over whelming with beauty of nature

Undergoing the harsh treaty of winds and

Nurturing within the enigma of tranquility

Tall as the giants of early and its

Ambience of austerity reflecting within

Intensified with arrogance of its highest level

Nestled in its arms assorted power of nature.

By Johana Arun Arackal Grade VIII Indian School Jalan "PRECIOUS PEARL" First time when I cried, And my mom's smile was wide. I was a little girl, Dad called me, "My Precious Pearl".

I opened my mouth to speak, And their happiness was at its peak. I was a little girl, Dad called me, "My Precious Pearl".

I took my first step to walk and I fell, Dad's hands picked me and made me feel all is well.

Still I was a little girl, And will always be my dad's Precious Pearl.

> By Fatima Shams Grade V Indian School Al Buraimi



LIFE

Life's so beautiful and wonderful, Only if you be so cheerful.. Rainbows and sunshine, Are not only yours, but mine. Mountains and hills, Have the height of your wills. You may have ups and downs, And smiles and frowns. But don't look back to the past, Don't be anxious about the future, Live in the present, And your life will have no end.



By Evette Josephine Burrows Grade 10 Indian School Al Buraimi

JOURNEY OF RAIN

I come with a signal of thunder, And make the people wonder. I come from dark cloud And make the noise loud.

I spread all around greenery And take away my aching misery. I give farmers a charming smile, By making their produce till a mile, I fall with the droplets of diamonds.

With mortals I had a lot of fun And now I am giving a way to sun. I am sweetly known as Rain With a lot of fame.



By V GauthamSidharth Grade 6 Indian School Ghubra



All day, all night Guess what I see? You, on your phone Not talking to me

The photos you 'like' Do you even know, The people in them You blindly 'follow'.

New 'status' at dawn Fake 'stories' at night I really don't think, You're doing things right.

You think you're the master

To me, it's just chaos, For only I can see That your phone is the boss. I know I'm being preachy But, just listen to what I say.

Put down your phone And connect the right way. Live your life Don't forget to play Have fun, work hard Seize the day! Emotions, not emojis Speech is the best tweet Love is the greatest filter Make every day complete.



This world Which I rather call the world of settlers Is deranged for a paper.

A piece of paper, To which they give their entire importance For it gives them happiness.

The ways to bring a smile on the face Might be limitless, Ways that are endless.

But this world finds their smile by just one way One piece of paper Which is known as Money.

By Manpreet Kaur Grade X Indian School Nizwa

Beauty of Life

When you see an egg cracking, Holding on for a while. And when the chick puts its leg on earth. You see the beauty of birth.

When a toddler runs around the house, Smashing plates and cups, With lots of merry in the kid's mood. You see the beauty of childhood. With lots of laughter and hangout friends. With lots of parent's plans in store. Including anger that no one has ever seen, You see the beauty of teens.

When a person takes a move he wishes, With lots of talent and hope. When they get the problems to come to a halt.

You see the beauty in the life of adults.

With lots of patience and steadiness, And eyesight getting numb. When they wait for their last breath to mould. You see the beauty of the old.

When you read these lines, Rolling your eyes. You see the beauty of life!

> By Likitha Grade X Indian School Nizwa

Nature's Way

On a bright sunny day, I thought of going on nature's way. Smelling the scent of fresh air, Feeling the breeze swishing through my hair.

I took a look around with eager eyes, Saw the beauty of the pleasant skies! I touched the flowers with quivering hand,

Oh! I thought I was in fairyland!

I heard the buzzing of the bees, Saw the trees swaying in the breeze. Heard the birds fluttering and singing, 'Beautiful' seemed to me each and everything.

When nature lay with beauty abound, I laid myself on the ground. And took a moment to inhale, And listened to Nature tell her tale!



THE RULER OF THE NIGHT SKY

When darkness swallows the earth And the sky turns dark as coal, The moon rules the night sky, With his thousand shining princes.

He rules his kingdom all with pride, With the light he has stolen from the Sun. And his kingdom shines in his light.... As he looks down to see his people.

Looking up to see his majestic crescent, He smiles and brings back the joy, That was stolen by the Sun's descend to the heavens.

And while the owls come out to feast, He takes a stroll through the clouds with elegance,

Casting his shadow on the preys To protect them from the fierce eyes hunting them. His people wait for his arrival to call it a night, And to fall in his spell of a deep sleep, While he and his princes guard the kingdom, With his glory and protect them from the evil eyes.

While his people wake up from the spell, The ruler and his princes can no more be seen And his people believe that he has cast himself And the princes to a temporary spell. Until they are not blinded by their shades of envy.



By Asin Fathima Grade VII Indian School Al Wadi Al Kabir

Mother

Mother is a treasure, Whose love has no measure.

Mother is everything, The world without her is nothing.

Her gentle touch and tender words, Makes me cheerful as the birds.

She is my teacher and my guide. Nothing from her can I hide.

She is the candle who lights my life. She teaches me to handle strife.

Thank God for giving me such a loving mother, Whom I love more than the world. Make I Mom, For all

Someone whom I always want around,

Her concerns about my whereabouts, Make me feel shielded throughout.

Mom, how can I thank you, For all the things that you do.

> My breath and my heart, Echoes a single thought You are special and I love you a lot.



By Charu Misra Grade VIII Indian School Sohar

Mom is someone whom I can't live without.

Sometimes in my mind, I am left with thoughts Of guilt, Did I do it right? Did I do it wrong? I don't know where I belong.

I think and I think deeply Voices in my head, Making up a conversation Perhaps an argument. I feel like shouting, Like a cannon ball firing But I cannot utter a word. When I walk down my Memory lane, recollecting incidents I cry with pain. The troubles that I have caused and Was accused of; Broke my heart into Thousand pieces. I drowned in a sea of grief Nobody gave me a hand, I was weighed down by guilt; I was on a rollercoaster of emotions Failing to express myself, The stench of failure filled up the air. Storms shook the ocean of my life, I am a puppet dancing to the strings Of fate. I wear a mask everyday hiding my Soul deep inside, Feeling blue.

I sat staring outside my window, Charming the sound of silence, The sound of silence is the balm to my soul. Enjoying the scene but Hiding my feelings under the veil My ship of emotions has set sail.



By Ashtami Manoj Grade VIII Indian School Ibra

Sea

UND OF S

When I stand at the shore of the sea, I wonder how far I should see!

Series of waves which keep hitting the shore, I wonder how many more are there in store. When there is a high tide, the sea is on the ride. And when it's on low tide, I wonder where the water goes to hide! The mystery of the deep blue waters having so many tales. Having countless schools of tiny fish along with the whales. Can take you around the world. Diving deep can give you lots of beautiful pearls. The colours of the sea are blue and turquoise Ponder offering prayers to him can fulfil my wish.



By Krishna Khot Grade VI Indian School Al Maabela

MY BEST FRIEND - MY LIFE'S PRICELESS TREASURE

Dear friend,

You are a priceless treasure, Whose worth, I can never measure. You are the ray of light, Who makes my life so cheerful and bright.

I believe you have been sent by God above,

Because he knows the strength of your love.



When times are tough, I know you are there,

To render support and show you care.

Every second we spent together, Always flashes in my mind like thunder.

We did everything with happiness,

I thought it was forever.

Why did you have to go? I need you, I need your love, Life seems hard without you. I want all those moments back, Laughing on silly jokes, all hands into the same tiffin, Teasing without any reason, fighting over small things, And the list just goes on. I used to think about this And cry, pondering why did we separate. But I know we are always tied

together by our hearts.

And remember, I am always there for you, Whenever you need me. This poem can't express everything I want to say, But this is enough to apprise, How much you mean to me.

Finally,

I thank you for all the times we've shared,

You have been my best friend ever,

Even when we go our separate ways,

The bond we share I'll never sever.

By Lindsey . R .Macedo Grade XI Indian School Ibri

A Plea for Peace

I am living here in great pain. My clothes have become dull and plain.

Above me I can hear nothing; but the war-planes.

Oh! Why have humans become so vain?

All that I can do right now is yell.

Because they have closed our sustainer- the well.

There's none for our rescue.

Not even the fire brigade.

What have I done to deserve this? At such a tender age?

Isn't there someone who can help us?

To protect us and our homes. Long before when we had abundant wealth;



And were all in a pink of health; But for food and water- now we crave.

What I need is peace on earth. I should be in my cozy house, Sipping warm milk or tea, Resting on pillows; My mother's lap of downy silk. But here I stand, struck by pain; Oh! Why have humans become so vain?



By Nazal Maharoof Grade VII Indian School Al Maabela



The girl in that frock Tattered and mended a million times, Stood staring at the glass window, Under the scorching sun. Her eyes wide and face muddy, Hands of hers binding a rusty iron can. Stood she, her feet bare.

Pairs of eyes moved around in time, Went in a few to the glass window. Stood she merely staring at her dream. Her craving in pain. The pain devoured me.

The clock did tick, New pairs moved around, And stood she staring at the glass window. Then came a hand on her. Fell she violent, the pain still in. Crawled she away, Still staring. I compare not humans And animals, Do they have a heart and humans don't. Dusk darkened the street, And shutter pulled before. Opened was the glass window. Now lay that cake on the leaves and dust. I hear the pain. Yet, I can do nothing As I'm just a statue by the fountain.

MOMENTS

Let me take a moment To relish the loving sight, Of a butterfly that goes winging by, A singing bird comes after, Bubbling with joy and laughter. Let me take a moment, To think where the wind comes

from,

Where it goes and where it sleeps,

What it whispers to the waiting trees.

And how it awakens and inspires a spirit in us.

THE GLASS WINDOW

By Geethu Peter Grade XII Indian School Nizwa

> Let me take a moment And admire the beautiful flower, That never questions "why?" But beautifies the world for us.

Let me take a moment To write on my empty page. I wonder what story I will afford to write. But I know only I can write it better, Others can only help.



By Adrika Zaara Arun Grade IV Indian School Salalah

BETTER LATE THAN NEVER!

The Earth has enough for our need,

But not enough for our greed, These words reflect the truth indeed.

We send airships to the infinity and beyond, Hoping that one day we will be

gone, From our planet so blue and

benevolent, Exploited by humans, so self-

seeking and malevolent.

But Alas! Despite knowing that the day will come, When our resources will become, Utterly exhausted and thoroughly utilized. But we humans still continue our deed, To satisfy our greed, On the fossils, flora and fauna, Leaving the future in a lifelong trauma.

Numerous spread awareness day by day, But trees get demolished each day. Animals choking helpless, On plastic rings and bottles, They are desperate. Having no means of expression, They advance in silence towards

extinction.

Marine lives end up dead, Coastlines and shores being their deathbeds. They are just manifestations, Of the grieving Earth's depression.

No matter where we roam, The earth will always be our home. Mars nor Moon nor Jupiter can replace, Our Mother Earth's colossal solace.

So let us do more than just lament, And let us all repent, By giving away love endless, To our fellow creations who are helpless.

It's never too late to save, Our planet: our breath, our quench and our life. And hence, if a clean Earth and a future is what we seek, Then let us not delay our most daring feat, For its Better Late Than Never!!



By Byayra Fahad Grade X Indian School Salalah

OCEANS

Oceans wide and blue Salty water flowing through, Ships and boats sailing past, Connecting countries far apart.

Ocean creatures big and small, Some are lovely, some are scary Diving with a school of fish, Is my long time wish.



By Tania T Joseph Grade IV Indian School Ibra

KARNA - The Mighty Son of the Sun

Born with an armour, Abandoned by his mother. Left in a river, Raised by a charioteer. The mighty son of the Sun The example for friendship, His life full of hardship. A warrior par excellence. Known for his benevolence. The mighty son of the Sun Also known as Radhaeya He was the sworn enemy of Kountaeya.



A very skilled archer, Cursed by his teacher. The mighty son of the Sun Friendship was his dharma. Charity was his karma. Warrior like none other, He will be remembered forever. The mighty son of the Sun



By Atul Srikanth Grade VII Indian School Al Wadi Al Kabir



Why and why and why, Why can't I fly And see the world from up high Fly with the birds until I become tired and tell them bye And then come back to Earth, Where I can hear thousands of people cry.

Why can't the stars take me with them?

To a place that no one has ever seen.

A place which is better than a dream.

A place that has no start and no end.

A place where you can twinkle like a star.

A place where a star whispers to me.

And says, 'You are the child of the universe.'

Why can't I always dream. Dream about a ship sailing in the sea. Waiting for someone, Hoping to rescue her from the world's cruelty. And never giving up, Because she knows that giving up is worthless.

Why can't the moon talk to me, We could have had a talk about everything. About how he feels up there Is he happy or is he scared, Happy to guide the lost, Or scared to be in the darkness all alone.

Why can't I go to sleep, Sleep and sleep and sleep. Sleep so deep But I have to hurry To catch the new 24 hours.

> By Rania Ahmed Galala Grade VII Indian School Jalan



The Army's Call

Oh my dear friends, Listen to our need. Understand what we feel, And.....don't forget to shed a tear for us, oh friend! When the wind goes whistling, When the leaves flutter, And the moon appears, When the birds disappear. We stand to protect, Whether it's day or night, When the danger surrounds, There is darkness all around, When people are sleeping, We are standing and suffering. While we stand and protect, Our dreams direct. Do light a candle on our grave, And always keep us in your heart and mind, Oh my dear friend.



By Aanya Misra Grade VI Indian School Al Wadi Al Kabir



The Mirror of Truth

The mirror of truth does not lie It shows the coarseness, cruelty, cowardice, callousness. Every word that defines inhumanity. It does not hide delusions, but pierces the veil of ego.

The mirror of truth is a loving master, a humble stone meant to trip our feet. That turns us towards joy And away from the bonds of slavery.

It may not like reflecting icy eyes and the lips of pride, the mirror of truth gives to

reconstruct your image. Show me that your soul does not belong,

To the deepest, blackest pits. Show me that even the cruelest of human beings can submit to their Own sorrow and fears. You may not be able to see your reflection in the mirrors of truthful pools, but God does, And he knows exactly what to do with it.

By Kashish Bharti Grade VIII Indian School Jalan

To The Old Me

Nostalgia cannot be seen without rose-tinted glasses All drizzled on top, sweet candy and molasses. If the future seems ever so unclear, like my eye sight, Remember that it is in darkness that stars shine bright. If wrinkled with age, musty memory overtake, And if sadness is the only emotions my eyes can make, Then in gloom, full bloom; for to live long, Happiness is the only virtue, life's only song. When people topple down like pawns on a chess board And if I feel loneliness and dejection is what life has stored, Let tears stream down; just a tiny, tiny bit. Then have a good laugh, then kindness knit. For to be sad is sorrowful, to be glee is happy. So 'tis best to choose the latter;

life is just like coffee!



By Sumitha Grade XI Indian School Al Seeb





Thank you for reading...

Contractor

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