



المدرسة الهندية - دارسيت INDIAN SCHOOL DARSAIT

A NABET Accredited School Affiliated to CBSE vide Affiliation No. 6130012

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CIRCULAR (Class VI to XII)

Mental Health and Well-being Survey

Dear Parents

Greetings of the day!

The National Education Policy, 2020 has highlighted mental health as one of the prime concerns to be addressed for children's optimal development and learning. The unprecedented circumstances following the Covid-19 pandemic including the closure of schools, new system of online classes, uncertainties about examinations and future career, restrictions on outdoor activities due to lockdown etc. have led to stress and anxiety among many students, calling for empathetic handling through psychosocial support.

The Ministry of Education (MoE), India has undertaken 'MANODARPAN' initiative, covering a wide range of activities to provide psychosocial support to students, teachers and families for mental health and emotional well-being during the COVID-19 outbreak and beyond. Amongst various activities which are being undertaken under the Manodarpan initiative, a Mental Health and Well-being survey is being taken up for students of classes VI-XII across the country.

The survey is being conducted using Google Form available at the following link:

<https://forms.gle/uG9mzbTSoDS335Uy6>

Students are hereby advised to fill in the responses in the Google Form and submit the same latest by **Thursday, 10th March 2022**.

You are requested to encourage your ward to complete the survey.

Regards

Amar Srivastava
Principal

