



المدرسة الهندية - دارسيت INDIAN SCHOOL DARSAIT

A NABET Accredited School Affiliated to CBSE vide Affiliation No. 6130012

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CIRCULAR

Summer 2025: Suggested activities for students in classes VI to VIII

Dear Parents

Greetings of the day!

Students in classes VI to VIII will have no holiday homework or assignment for the summer break.

We recommend that children spend good time with their parents. Families could make the time for simple every day activities like having at least one meal a day together; going out together for a walk, either early in the morning or in the evening and watch the sunrise or the sunset.

The following are some suggested activities for students in classes VI to VIII for the summer. Some of these can be done as a family, making the experiences memorable for all at home. Whether you are travelling or not, there may be much more not listed here that could be done...the possibilities are plenty.

- Storytelling and documenting family experiences: maintaining scrapbooks or digital journals about family outings or summer experiences.
- Footprints and Memories: Creating a one to three-minute video of fun moments with the family or any summer experience
- Maintaining Summer Journal / Nature Journal / Travel Journal
- Culture Scrapbook: culture of a state of the student's choice, including food, clothes, festivals
- Nature observation: Observing bird species, plants and trees, exploring how weather patterns work
- Photography and observations: document social and environmental changes through photos or sketches
- Map-Making and Geography Challenges – Drawing maps of the home, neighbourhood, or a favourite travel destination
- News and current events: Families can read or watch news together, discussing world events and their impact in a simple, age-appropriate way
- Simple life skills including: sewing a button, organizing shelves and cupboards, helping with the laundry, folding cloths
- Reading for pleasure: quiet reading time
- Reading time with the family: taking turns to read aloud stories for the family
- Cooking and gardening: under the supervision of parents

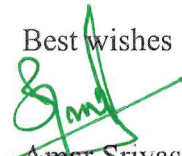
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- Mindful eating as a family
- Family game night: Board games with the family
- Family Movie time
- Simple craft work from recycled items
- Ten minutes of stretching exercises
- Simple yoga exercises
- Five minute breathing exercises

Wishing you and the family a relaxing and fun-filled summer break.

Best wishes


Amar Srivastava
Principal

